

SPECIALTY TRAINING



# DEMENTIA & MENTAL HEALTH

Dementia Series | July 18-19 Mental Health Series | July 25-26



# **COURSE OVERVIEW**

Assisted living providers are required to comply with Chapter 388-112A WAC related to staff training and development. As part of these requirements, administrators or their designee(s) who want to train caregivers in the specialty topics of dementia and mental health must complete specialized training to qualify as a facility-based trainer. These intensive training sessions prepare administrators or their designated trainers to successfully pass the mandated competency tests required in the specialty topics of dementia and mental health. These courses are designed to make completing one or both specialty topics easy. Training and testing are done over two days for dementia and mental health specialties, respectively. Each course's final session includes a test: the attendees must be on camera to complete the exam.

#### **PROGRAM FEES**

Registration includes access to all sessions via Zoom, materials, and program information that will be sent via USPS to each registered attendee, access to the presenter for Q&A sessions, and up to 8 continuing education units for each course.

Dementia Series\$109 per personMental Health Series\$109 per person

(Non-member rate is \$218 per person each series)

## **CEUS**

Each course is approved for 8 continuing education units (CEUs), certified by the Washington State Department of Social and Health Services.

#### **COURSE SCHEDULE**

The Dementia and Mental Health Specialty Training courses are being offered virtually and require participants to engage in each session to complete the course. Participants will need a quiet place without interruption as they will be required to engage in each session via video and audio to ensure participation in discussion and small group activities that are part of the course.

Each course schedule is as follows:

Dementia Series		Mental Health Series	
July 18	9-11 am	July 25	9-11 am
July 18	1-3 pm	July 25	1-3 pm
July 19	9-11 am	July 26	9-11 am
July 19	1-3 pm	July 26	1-3 pm

# **PROVISOS**

- Sessions will begin on time; please be punctual.
- All participants must have a laptop or desktop computer with a camera and audio. A cell phone or tablet will not allow on-screen testing, which these courses required.
- All participants will need a reliable internet connection.
- All participants need to understand how to navigate Zoom (see Guide).
- Training sessions are for registered attendees and instructors only.

## CANCELLATION POLICY

Cancellations for the Dementia course must be made in writing on or before Monday, July 10, 2023, and for the Mental Health course on or before Monday, July 17, 2023, or you will incur a \$50 cancellation fee per registered attendee. Cancellations after these dates will not be refunded.

# **COURSE OUTLINES**

#### **DEMENTIA**

July 18 | 9-11 am

Understanding dementias, hallucinations and delusions, environmental factors, working with families

July 18 | 1-3 pm

Living with dementia, sexuality and intimacy, medications and treatments for dementia, activities of daily living

July 19 | 9-11 am

Communication strategies, traumainformed care

July 19 | 1-3 pm

Approaching challenging behaviors, including tips and strategies; final exam

#### **MENTAL HEALTH**

July 25 | 9-11 am

Review of common mental disorders, stigma, and myths about mental illness

July 25 | 1-3 pm

Compassionate and trauma-informed care, supports to promote wellness, getting help, self-care for the caregiver

July 26 | 9-11 am

Suicide prevention, respectful communication, professional boundaries

July 26 | 1-3 pm

Effective behavioral intervention strategies, crisis management; final exam

# **COURSE FACULTY**

# VICKI MCNEALLEY, PHD, MN, RN

Vicki McNealley, is the Director of Assisted Living for the Washington Health Care Association (WHCA). Vicki is directly responsible for supporting WHCA



member assisted living providers through regulatory clarification, nurse consultation, facility system evaluation, advocacy, and education. She also is responsible for developing and implementing WHCA programs to support providers in these areas. As staff liaison for the Assisted Living Quality and Regulatory Executive Advisory Committee, Vicki works with members to promote quality care and services at every level. She spent ten years as the assisted living director for WHCA prior to serving as the Corporate Director of Regulatory Compliance for Village Concepts for over six years. She has extensive experience as a teacher, consultant, and provider, and has been involved in assisted living operations and policy work since 1999. Vicki has served as a national award reviewer for the American Health Care Association and worked closely with the American Assisted Living Nurses Association to develop its certification exam. Vicki is a registered nurse with a master's degree in community health nursing and a doctorate degree in nutrition.

