

COVID-19 Q&A Hour for Long Term Care: Nursing Homes and Assisted Living Facilities



WASHINGTON STATE DEPARTMENT OF HEALTH

Healthcare-Associated Infections (HAI) Program

Shoreline, WA

Housekeeping



Attendees will be in listen only mode



Self-mute your lines when not speaking



Type questions into the question window. Please include the type of facility you are from in your question (e.g., NH).



Nursing Home

Participants from long-term care, regulatory, public health



No confidential information presented or discussed. This is an educational webinar and does not constitute legal advice.



Local guidance may differ, please consult with your Local Health Jurisdiction (LHJ):

<https://www.doh.wa.gov/AboutUs/PublicHealthSystem/LocalHealthJurisdictions>

Welcome to the LTC COVID-19 Q&A Hour!

A chance to connect, ask questions, and learn about the COVID-19 response and infection prevention guidance



Where Can I Find the Q & A Document?

- Posted every Wednesday

- Washington Health Care Association:

<https://www.whca.org/washington-department-of-health-covid-19-qa-session/>

- Washington LeadingAge:

https://www.leadingagewa.org/ill_pubs_articles/copy-resources-preparing-your-community-staff-residents-and-families-for-the-coronavirus/

- Adult Family Home Council:

<https://adultfamilyhomecouncil.org/department-of-health-qa-webinars/>

Panelists

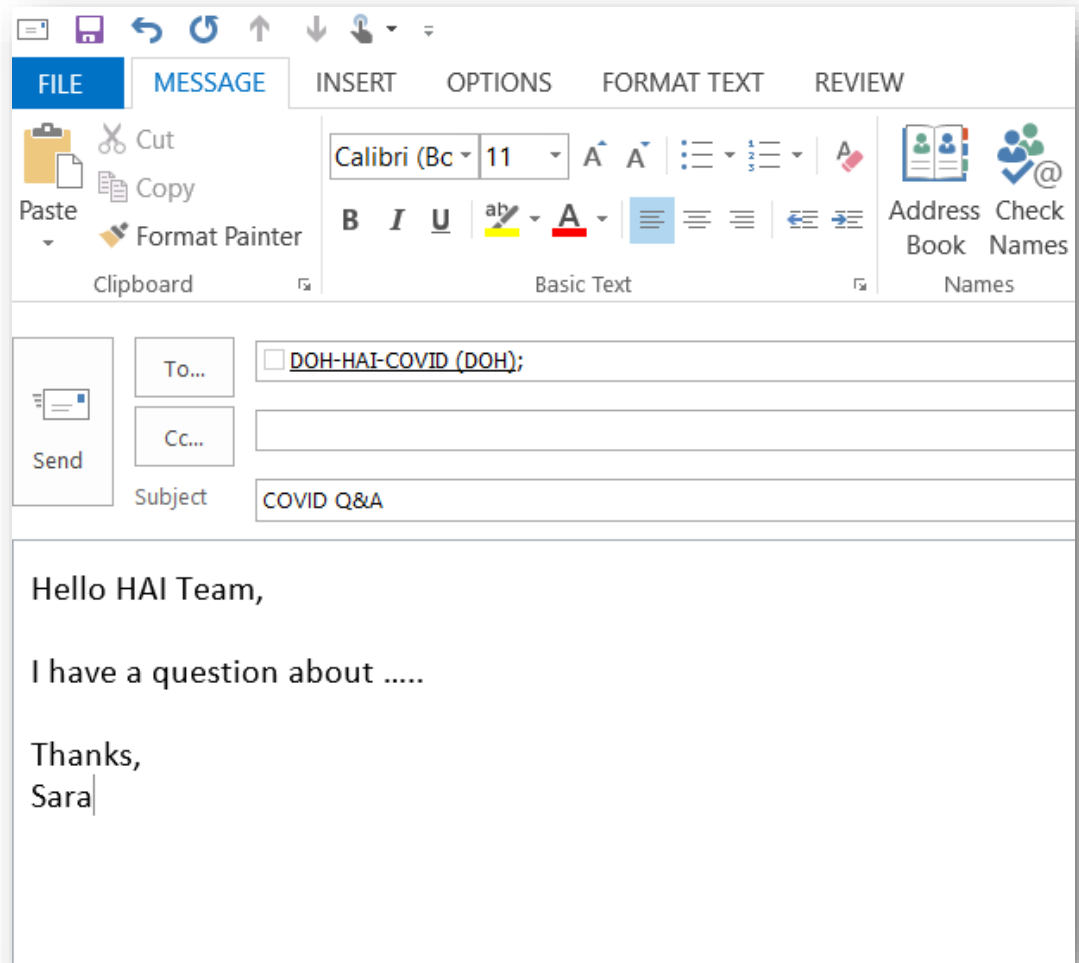


Send Us Your Questions Ahead of Time

Subject Line:
COVID Q&A

Email:
HAI-COVID@doh.wa.gov

Due by: COB Tuesday



Infection Control Assessment & Response (ICAR) Program

Free, non-regulatory ICARs are a great opportunity for skilled nursing facilities, adult family homes, and assisted living facilities to:

- Ask a Department of Health infection prevention expert questions.
- Get help finding gaps in your infection control protocols.
- Receive personalized advice and recommendations for your facility.

There are multiple ways to schedule an ICAR:

- Visit <https://fortress.wa.gov/doh/opinio/s?s=ICARconsultation>
- Email Maria Capella-Morales maria.capella-morales@doh.wa.gov
- Email Melissa Feskin Melissa.Feskin@doh.wa.gov

In partnership with:

- Local Health Jurisdictions
- LeadingAge Washington
- Washington Health Care Association
- Adult Family Home Council of WA State
- Washington State Hospital Association



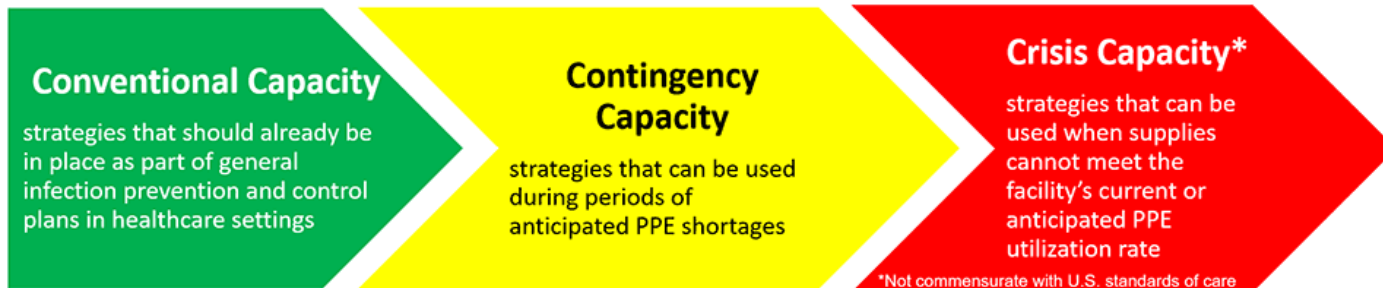


CONVENTIONAL USE OF PPE

Healthcare-associated Infections and Antimicrobial
Resistance

PPE Optimization Strategies (CDC)

- Optimization strategies (measures to avoid running out of PPE) should be implemented in this order and only if needed (when your facility is facing a shortage)
- Standard practices should resume as PPE becomes more readily available



CDC: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/strategies-optimize-ppe-shortages.html>

PPE supply for your facility

How much PPE should I keep on hand for my staff?

- This planning is an important step to avoid running out of PPE
- CDC tool for calculating how much PPE you would need in an outbreak scenario: [CDC PPE Burn Rate Calculator](#) (version 1)

Calculator															
Inputs		Assumptions													
Base A		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Weekend of Expected and Confirmed Cases		1	2	3	4	5	6	7	8	9	10	11	12	13	14
How Many COVID-19 Patients are Being Treated at Start of the Day?		0	0	0	0	0	0	0	0	0	0	0	0	0	0
How Many Full Boxes Are Remaining at Start of the Day?		100	100	100	100	100	100	100	100	100	100	100	100	100	100
PPE	#														
Gloves	Box 1														
	Box 2														
	Box 3														
	Box 4														
Goggles	Box 1														
	Box 2														
	Box 3														
	Box 4														
Face Shield	Box 1														
	Box 2														
	Box 3														
	Box 4														
Respirator	Box 1														
	Box 2														
	Box 3														
	Box 4														
Surgical Mask	Box 1														
	Box 2														
	Box 3														
	Box 4														
Face Shield	Box 1														
	Box 2														
	Box 3														
	Box 4														
Other	Box 1														
	Box 2														
	Box 3														
	Box 4														
Other	Box 1														
	Box 2														
	Box 3														
	Box 4														
Other	Box 1														
	Box 2														
	Box 3														
	Box 4														
Base B		Total Number of Boxes Used per Day (Calculated)													
Types of Boxes		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Gloves	Box 1														
	Box 2														
	Box 3														
	Box 4														
Goggles	Box 1														
	Box 2														
	Box 3														
	Box 4														
Face Shield	Box 1														
	Box 2														
	Box 3														
	Box 4														
Respirator	Box 1														
	Box 2														
	Box 3														
	Box 4														
Surgical Mask	Box 1														
	Box 2														
	Box 3														
	Box 4														
Face Shield	Box 1														
	Box 2														
	Box 3														
	Box 4														
Other	Box 1														
	Box 2														
	Box 3														
	Box 4														
Other	Box 1														
	Box 2														
	Box 3														
	Box 4														
Base C		Number of Boxes Supply Remaining (Etc.)													
PPE		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Gloves	Box 1	100	100	100	100	100	100	100	100	100	100	100	100	100	100
	Box 2	100	100	100	100	100	100	100	100	100	100	100	100	100	100
	Box 3	100	100	100	100	100	100	100	100	100	100	100	100	100	100
	Box 4	100	100	100	100	100	100	100	100	100	100	100	100	100	100
Goggles	Box 1														
	Box 2														
	Box 3														
	Box 4														
Face Shield	Box 1														
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	Box 4														
Respirator	Box 1														
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Surgical Mask	Box 1														
	Box 2														
	Box 3														
	Box 4														
Face Shield	Box 1														
	Box 2														
	Box 3														
	Box 4														
Other	Box 1														
	Box 2														
	Box 3														
	Box 4														
Other	Box 1														
	Box 2														
	Box 3														
	Box 4														

If you are experiencing PPE shortage

1. Work through your normal supply chains
- 2. Document efforts to procure PPE**, including:
 - Vendor
 - Date
3. Request PPE through your LHJ (emergency management system)

Extended Use and Limited Reuse Definitions

Extended

Same PPE for repeated close contact encounters with several patients, without removing the respirator between patient encounters.

Limited Reuse

- Same PPE for multiple encounters with patients but removing it after each encounter. Respirator is stored in between encounters to be put on again prior to the next encounter with a patient.
- Restrictions are in place which limit the number of times it's reused.

****Extended use is preferred to reuse as reuse poses greater risk of wearer contamination during re-donning****

CDC/NIOSH: <https://www.cdc.gov/niosh/topics/hcwcontrols/recommendedguidanceextuse.html>

CDC PPE Optimization: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/index.html>

Extended Use vs. Limited Reuse

Extended Use	Limited Reuse
<ul style="list-style-type: none"> • Contingency for N95 and facemask 	<ul style="list-style-type: none"> • Crisis for N95 and facemask
<ul style="list-style-type: none"> • Applies to source control only (not PPE for transmission-based precautions) 	<ul style="list-style-type: none"> • Keep in clean, breathable container such as a paper bag between uses. Storage containers should be disposed of or cleaned regularly.
<ul style="list-style-type: none"> • N95 – 8-12 hours max 	
<ul style="list-style-type: none"> • DO NOT wear multiple shifts 	
<ul style="list-style-type: none"> • Discard after removing 	

Always discard:

- If contaminated with blood, respiratory or nasal secretions, or other bodily fluid, including after AGPs or other high-risk procedures
- Following close contact with any patient infected with an infectious disease requiring precautions

*Always clean hands with soap and water or an alcohol-based hand sanitizer before and after touching or adjusting the respirator or facemask

CDC/NIOSH: <https://www.cdc.gov/niosh/topics/hcwcontrols/recommendedguidanceextuse.html>

CDC PPE Optimization: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/index.html>

N95 Respirators

N95 Respirators

Conventional	Contingency	Crisis
<ul style="list-style-type: none">• Use for one resident encounter and throw away• For AGPs and other high-risk procedures – one encounter and throw away• On COVID unit, extended wear throughout the unit• For universal source control – extend wear throughout the unit	<ul style="list-style-type: none">• <u>Extend the use</u> of N95 respirators by wearing the same N95 for repeated close contact encounters with several different patients	<ul style="list-style-type: none">• Implement <u>limited re-use</u> of N95 respirators.

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/respirators-strategy/index.html>

CDC: <https://www.cdc.gov/niosh/topics/hcwcontrols/recommendedguidanceextuse.html>

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/strategies-optimize-ppe-shortages.html>

Eye Protection

Eye Protection		
Conventional	Contingency	Crisis
<ul style="list-style-type: none">• Disposable eye protection – one resident encounter and throw away• Reusable eye protection – one resident encounter and disinfect• On COVID Unit – extend wear throughout the unit• Universal use of eye protection – extend wear throughout the unit	<ul style="list-style-type: none">• Shift eye protection supplies from disposable to re-usable devices• Extend the use of eye protection	<ul style="list-style-type: none">• Prioritize eye protection for activities where splashes and sprays are anticipated or prolonged face-to-face or close contact is unavoidable

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/eye-protection.html>

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/strategies-optimize-ppe-shortages.html>

Gowns

Gowns

Conventional	Contingency	Crisis
<ul style="list-style-type: none">• Disposable gown - one resident encounter and throw away• Launderable gown – one resident encounter	<ul style="list-style-type: none">• If using disposable gowns, shift gown use toward launderable cloth isolation gowns• Prioritize gowns for activities where splashes and sprays are anticipated and during high-contact patient care	<ul style="list-style-type: none">• Extend the use of isolation gowns• Re-use isolation gowns

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/isolation-gowns.html#conventional-capacity>

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/strategies-optimize-ppe-shortages.html>

Gloves

Gloves

Conventional	Contingency	Crisis
<ul style="list-style-type: none">• Wear for one task, remove and throw away, perform hand hygiene.• Don new pair of gloves when moving from 'dirty' to 'clean' and between residents	<ul style="list-style-type: none">• Use gloves past their manufacturer-designated shelf life for training activities• Use gloves conforming to other U.S. and international standards	<ul style="list-style-type: none">• Use gloves past their manufacturer-designated shelf life for healthcare delivery• Prioritize the use of non-sterile disposable gloves• Consider non-healthcare glove alternatives• As a last resort, extend the use of disposable medical gloves; disinfect between encounters

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/gloves.html>

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/strategies-optimize-ppe-shortages.html>

Questions?

LONG-TERM CARE FACILITY STAFF:

Reasons to Get Vaccinated Against COVID-19 Today

1 You are on the front lines and risk being exposed to people with COVID-19 each day on the job.

2 Protecting you also helps protect your residents and your family, especially those who may be at higher risk for severe illness from COVID-19.

3 You matter to us and play an essential role in keeping your community healthy.



Lead the way!

Encourage your coworkers, residents, family, and friends to get vaccinated.



12/29/20

www.cdc.gov/coronavirus/vaccines

Videos:

Long-Term Care Community

Champions: Voices From the Front Line

**Nursing home staff
are on the **FRONT LINES**
with their residents every day**

**Protected staff means
PROTECTED RESIDENTS
and a protected community**

<https://www.youtube.com/watch?v=k0WbAhveyDY>

Vaccine Resources in multiple languages:

Resources and Recommendations ::

Washington State Department of Health

**1-833-VAX-HELP for
vaccine information**

<https://www.cdc.gov/vaccines/covid-19/downloads/COVID-19-LTCF-staff-poster-reasons-to-vaccinate-today.pdf>

Calling All Assisted Living Facilities and Adult Family Homes

- DOH released a COVID-19 vaccination survey to understand how vaccination rates fluctuate with staffing and resident movement, and to improve support for COVID-19 vaccination when barriers are identified.
- If your facility is in King County, you have may already have received a unique survey link, please see additional instructions in the survey link below.
- Skilled nursing facilities do not have to complete this survey and should report COVID-19 vaccination data to the National Healthcare Safety Network as per [CMS](#) requirement.
- You may open the survey in your web browser by clicking the link below: <https://redcap.doh.wa.gov/surveys/?s=KFRMW8JN4P>
- For questions, contact LTC-COVID-Vaccination-Survey@doh.wa.gov using subject line: LTC COVID-19 Vaccination Survey.

NHSN Weekly COVID-19 Vaccination Reporting for Skilled Nursing Facilities

Report **Cumulative** number of all individuals who have ever received COVID-19 vaccine each week, not just new vaccinations (this applies to both Resident and Staff).

For example, for this week's entry, include the number of residents or staff from last week's entry and add any additional residents or staff.

Example:

- Last week: 10 individuals received dose 1 of a COVID-19 vaccine
- This week: 5 more individuals received dose 1 of a COVID-19 vaccine
 - Last Week: Report 10 individuals received dose 1 of a COVID-19 vaccine
 - This Week: Report 15 individuals received dose 1 of a COVID-19 vaccine

NHSN Weekly COVID-19 Vaccination Reporting for Skilled Nursing Facilities

Resources to assist with vaccination data collection and reporting each week:

- Weekly HCP & Resident COVID-19 Vaccination page:
<https://www.cdc.gov/nhsn/ltc/weekly-covid-vac/index.html>
- Data Tracking Worksheet for Resident vaccinations:
<https://www.cdc.gov/nhsn/pdfs/ltc/covidvax/track-res-covidvax.xlsx>
- Data Tracking Worksheet for Healthcare Personnel vaccinations:
<https://www.cdc.gov/nhsn/pdfs/ltc/covidvax/track-hcp-covidvax.xlsx>
- For further questions or to schedule a vaccination data entry walkthrough, contact paula.parsons@doh.wa.gov

Air Flow

